

1994 Pinkerton Academy Indoor Track & Field Records	
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Overall				Senior			Junior			Sophomore			Freshman		
55m	Matt Jordan	6.6	1/12/1994	Matt Jordan	6.6	1/12/1994	Matt Jordan	6.6	2/6/1993	Mike Rabe	6.7	1/16/1993	R. Lord	7.0	Unk
	Shane McGuinness	6.6	2/6/1993	Shane McGuinness	6.6	2/6/1993	Shane McGuinness	6.6	1/6/1992	Matt Jordan	6.7	1992			
	Ralph Fast	6.6	1992	Ralph Fast	6.6	1992	Jack LaFleur	6.6	1/6/1992	Dave Beatie	6.8	1/26/1994			
	Kevin Morrison	6.6	1992	Kevin Morrison	6.6	1992	Joe Segreti	6.6	1985						
	Jack LaFleur	6.6	1/6/1992	Joe Segreti	6.6	12/28/1985									
	Joe Segreti	6.6	1985												
55m HH	Andy Cignoni	7.6	1/31/1992	Andy Cignoni	7.6	1/31/1992	Andy Cignoni	7.7	1991	Fareed Rice	7.9	1/16/1993	Andy Cignoni	8.7	1989
	Matt Worster	7.7	2/5/1994	Matt Worster	7.7	2/5/1994	Fareed Rice	7.8	2/5/1994	Pat Dixon	8.0	1988	Dan Forsman	9.3	1/26/1994
	Pat Dixon	7.8	1990	Pat Dixon	7.8	1990	Aaron Smith	8.1	2/6/1993	Aaron Smith	8.2	1992	Chris Graham	9.3	1/6/1993
	Tracy Davis	7.9	2/2/1985				Matt Worster	8.1	2/6/1993						
300m	Ralph Fast	36.9	1992	Ralph Fast	36.9	1992	Matt Jordan	37.4	1993	Mike Rabe	39.5	1/11/1993	Dana Trahan	41.1	1993
	Shane McGuinness	37.1	2/6/1993	Shane McGuinness	37.1	2/6/1993	Jeff O'Hare	38.4	1990	Pat Dixon	39.6	1988	Dave Beattie	41.2	1/2/1993
	Matt Jordan	37.4	2/6/1993	Matt Jordan	37.5	12/17/1993						R. Gross	41.5	Unk	
	Jeff O'Hare	38.4	1990												
	Joe Segreti	38.5	1986												
600m	John Stanley	1:26.6	1/16/1993	Rick Eaton	1:27.3	1986	John Stanley	1:26.6	1/16/1993	Bryce Hillman	1:29.8	1992	Dave Beattie	1:33.5	1/22/1993
	Rick Eaton	1:27.3	1986				Joel Kress	1:27.4	2/5/1994	Dave Beattie	1:32.5	1/15/1994	Joel Kress	1:36.2	1992
	Bryce Hillman	1:28.0	1/22/1993				Bryce Hillman	1:28.0	1/22/1993	Rick Eaton	1:33.0	1984	Chatigny	1:36.4	12/29/1993
	Todd Keating	1:28.6	1989												
	Chip Gordon	1:28.7	1/31/1987												
1000m	Todd Elliot	2:35.0	1988	Todd Elliot	2:38.1	1989	Todd Elliot	2:35.0	1988	Todd Elliot	2:39.2	1987	Joel Kress	2:52.3	2/1/1992
	John Stanley	2:35.6	2/6/1993	Bryce Hillman	2:43.1	2/5/1994	John Stanley	2:35.6	2/6/1993	Matt Downin	2:41.8	1/2/1993	Frank Kalloniti	2:55.4	1980
	Bryce Hillman	2:43.1	2/5/1994				Joel Kress	2:47.3	12/29/1993	Joel Kress	2:45.6	1/16/1993			
1500m	John Stanley	4:09.4	12/26/1992	Greg Wipf	4:12.3	1988	John Stanley	4:09.4	12/26/1992	Matt Downin	4:12.0	2/6/1993	Greg Parthum	4:26.5	2/5/1994
	Greg Wipf	4:12.3	1988	John Stanley	4:15.5	2/5/1994	Todd Elliot	4:13.7	1988	John Stanley	4:20.6	1992	Mark Blanchai	4:28.4	2/1/1992
	Todd Elliot	4:13.7	1988	Curtis Meuse	4:18.1	1983	Jon Alizio	4:22.3	2/5/1994	Scott Hayward	4:23.6	1986	John Stanley	4:29.9	1991
	Curtis Meuse	4:18.1	1983												
	Todd Keating	4:18.4	2/2/1991												
	Todd Kress	4:18.4	1/30/1988												
3000m	John Stanley	8:55.7	2/6/1993	John Stanley	8:58.3	1/15/1994	John Stanley	8:55.7	2/6/1993	Matt Downin	8:57.4	2/6/1993	John Fesh	9:27.3	1/22/1994
	Matt Downin	8:57.4	2/6/1993	Kevin Coyle	9:10.6	1983	Scott Hayward	9:20.1	1/29/1983	John Stanley	9:18.0	1992	Mark Blanchai	9:29.0	2/1/1992
	Kevin Coyle	9:10.6	1983	Chris Maitner	9:12.8	1/26/1985	Mark Blanchard	9:25.7	1/22/1994	Scott Hayward	9:20.7	1982	Tim O'Brien	9:37.2	1986
	Chris Maitner	9:12.8	1/26/1985												
	Scott Hayward	9:14.9	2/4/1984												

	Overall				Senior			Junior			Sophomore			Freshman		
LJ	Brandon Tsetsilas	22'-0.75"	2/11/1989		Brandon Tsetsilas	22'-0.75"	2/11/1989	Fareed Rice	20'-11.25"	2/5/1994	Matt Jordan	20'-3.25"	1992	Dana Trahan	18'-6.00"	1993
	Matt Jordan	21'-0.25"	1/21/1994		Matt Jordan	21'-0.25"	1/21/1994	Matt Jordan	20'-5.00"	1993	Bryan Broulliard	17'-11.00"	1/25/1986	Paul Hoitt	16'-11.75"	1991
	Jim Fitzgibbons	20'-11.50"	12/20/1980					Jim Fitzgibbons	20'-4.00"	1980	Fareed Rice	17'-9.75"	1993	Jim Daneau	15'-11.50"	1980
	Fareed Rice	20'-11.25"	2/5/1994													
	Joe Segreti	20'-1.00"	12/28/1985													
HJ	Aaron Smith	6'-2.00"	1/22/1994		Aaron Smith	6'-2.00"	1/22/1994	Aaron Smith	6'-2.00"	2/6/1993	Andy Cignoni	5'-10.00"	1990	Shawn Thrash	5'-6.00"	1992
	Andy Cignoni	6'-2.00"	1992		Andy Cignoni	6'-2.00"	1992	Andy Cignoni	6'-2.00"	1991				John Fesh	5'-4.00"	12/15/1993
	David Ham	6'-2.00"	1979		David Ham	6'-2.00"	1979							Andy Cignoni	5'-4.00"	1989
	Peter O'Connell	6'-2.00"	1979		Peter O'Connell	6'-2.00"	1979									
Shotput	Ryan Mihalko	58'-7.25"	1987		Ryan Mihalko	58'-7.25"	1987	Ryan Mihalko	52'-8.00"	1986	Steve Pendak	43'-3.50"		Brian Deleon	39'-8.50"	1993
	Alec Cobban	50'-7.00"	2/11/1978		Tim Lord	50'-7.00"	2/4/1984	Matt Folia	43'-2.50"	1/12/1994	Brian Deleon	41'-8.5"	2/5/1994	Stan Olshefski	36'-5.50"	1976
	Steve Pendak	50'-11.00"	2/18/1978													
	Tim Lord	50'-7.00"	2/4/1984													
	Gary Bernier	45'-1.00"	1/29/1983													
4x160m (by year)	Jordan, McGuinness, LaFleur, Rab	1:14.5	2/6/1993	<-- 1993 STATE RECORD	1993-1994 Season Notes 1. Nashua (60), 2. Londonderry (56) 3. Pinkerton (44) 4. Portsmouth (32) 5. Conant (30) -Story of the meet for PA was the DQs: T.Brown out of 5th in the 3000, Stanley out of 5th in the 600, and the 4x400 out of 1st. Without the DQs, PA wins or gets within a point. -Fareed Rice increased his long jump PR by 15 in. at the State Meet. Holy cats. -J. Kress dropped 2.5 seconds off his 600 PR at the State meet. -Alizio dropped nearly 5 seconds off his 1500m time at the State Meet. -Matt Downin elected to skip this season of indoor (hence, no Downin junior times)											
	Jordan, McGuinness, Cignoni, Fast	1:15.0	2/7/1992	<-- 1992 State Record												
	Herring, A. Rice, Worster, Goss	1:16.9	2/5/1994													
4x200m (by year)																
4x400m (by year)	Harding-Smith, A. Rice, J. Kress, F	3:39.5	1/23/1994													
	Harding-Smith, Jordan, A. Rice, F	3:41.8	1993													
	Heenan, O'Reilly, Tsetsilas, Elliot	3:41.9	1989													
4x800m	J. Kress, Alizio, Downin, Stanley	8:24.6	1993													
	Krause, Sciore, Godin, Harwood	8:36.7	1990													
		1994	8:39.2	1994												
	Krause, Correia, Godin, Harwooc	8:42.5	1/6/1990													

Meets included:

All - Worster track packet

Meets missing:

None

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