

2013 DIVISION I CHAMPIONS

2013 Pinkerton Academy Indoor Track & Field Records

	Overall				Senior			Junior			Sophomore			Freshman		
55m	Mike Grella	6.47	1/12/2002	Mike Grella	6.3/6.47	1/12/2002	Zach Cicio	6.5/6.72	1/20/2013	Eric Guinto	6.61	2/3/2008	Mike Grella	6.76	2/13/1999	
	Eric Guinto	6.54	1/8/2010	Eric Guinto	6.54	1/8/2010	Emmitt Smith	6.5/6.69	2/13/2011	Jason Harris	6.80	2/15/2003	Eric Guinto	6.7/6.89	12/16/2006	
	Ed Pomerleau	6.62	2/12/2000	Ed Pomerleau	6.62	2/12/2000	Ben Guarino	6.72	2/10/2001	Zach Cicio	6.6	1/15/2012	Dan Ciampo	6.8	1/28/2006	
	Zack Smith	6.4	1/5/2008	Zack Smith	6.4	1/5/2008	Russ Massahos	6.5	1995							
	Mike Carace	6.4	1/27/2007	Mike Carace	6.4	12/16/2006										
55m HH	Cody Kretschmer (SR)	7.44	3/2/2002	Cody Kretschmer	7.44	3/2/2002	Cody Kretschmer	7.4	1/26/2001	Cody Kretschmer	7.79	2/12/2000	Andy Cignoni	8.7	1989	
	Fareed Rice	7.6	2/4/1995	Fareed Rice	7.6	1995	Andy Cignoni	7.7	1991	Fareed Rice	7.9	1/16/1993	Dan Forsman	9.3	1/26/1994	
	Andy Cignoni	7.6	1/31/1992	Andy Cignoni	7.6	1/31/1992	Fareed Rice	7.8	2/5/1994	Pat Dixon	8.0	1988	Chris Graham	9.3	1/6/1993	
	Matt Worster	7.7	2/5/1994													
	Pat Dixon	7.8	1990													
300m	Eric Guinto	35.93	2/7/2010	Eric Guinto	35.93	2/7/2010	James Hatch	36.14	2/3/2007	Jason Harris	37.35	2/15/2003	Jason Harris	39.1	1/5/2002	
	James Hatch	36.14	2/3/2007	James Hatch	36.16	2/3/2008	Zach Cicio	36.25	2/3/2013	Eric Guinto	37.76	2/3/2008	Andrew Pino	39.3	1/15/2005	
	Zach Cicio	36.25	2/3/2013	Ed Pomerleau	36.55	2/12/2000	Emmitt Smith	37.5	2/13/2011	Pete DeCosta	38.13	1/2/1999	Urbanik, TJ	40.05	12/22/2012	
	Ed Pomerleau	36.55	2/12/2000				Matt Jordan	37.5	2/6/1993							
	Jason Harris	36.82	2/6/2005													
600m	Chris Poggi	1:21.82	1/27/2013	Chris Poggi	1:21.82	1/27/2013	Connor Kwiecien	1:23.24	1/12/2013	Connor Kwiecien	1:25.29	2/6/2012	Bryan Hayes	1:33.1	1/26/2001	
	Connor Kwiecien	1:23.24	1/12/2013	Andrew Pino	1:23.87	2/3/2008	Ian Taylor	1:24.2	2/3/2001	Andrew Pino	1:27.8	1/16/2006	Dave Beattie	1:33.5	1/22/1993	
	Andrew Pino	1:23.87	2/3/2008	Ryan LaBossiere	1:24.54	2/6/2005	Andrew Pino	1:24.76	2/3/2007	Ryan Busby	1:28.88	1/29/2008	Ryan Busby	1:33.8	1/27/2007	
	Ian Taylor	1:24.2	2/3/2001													
	Ryan LaBossiere	1:24.54	2/6/2005													
1000m	Chris Poggi	2:33.52	1/12/2013	Chris Poggi	2:33.52	1/12/2013	Todd Elliot	2:35.0	1988	Todd Elliot	2:39.2	1987	Charles Perry	2:46.4	2/5/2000	
	Chris Pietrocarlo	2:34.0	1/16/2010	Chris Pietrocarlo	2:34.0	1/16/2010	Chris Poggi	2:35.29	2/6/2012	Ryan Busby	2:40.54	2/3/2008	Ian French	2:49.1	1997	
	Todd Elliot	2:35.0	1988	Craig MacPherson	2:36.2	12/30/2006	John Stanley	2:35.6	2/6/1993	Matt Downin	2:41.8	1/2/1993	Nolan Cooney	2:50.9	12/29/2012	
	John Stanley	2:35.6	2/6/1993													
	Craig MacPherson	2:36.2	12/30/2006													
1500m	Jake Hawkins	4:00.6	1/16/2010	Jake Hawkins	4:00.6	1/16/2010	Craig MacPherson	4:08.5	1/22/2006	Matt Downin	4:12.0	2/6/1993	Greg Parthum	4:26.5	2/5/1994	
	Matt Downin	4:04.8	1995	Matt Downin	4:04.8	1995	John Stanley	4:09.4	12/26/1992	Brian Schutter	4:15.86	2/3/1996	Mark Blanchard	4:28.4	2/1/1992	
	Craig MacPherson	4:08.5	1/22/2006	Chris Pietrocarlo	4:10.1	12/19/2009	Josh Chakarian	4:11.8	2/3/2001	Charles Perry	4:19.9	2/3/2001	John Stanley	4:29.9	1991	
	John Stanley	4:09.4	12/26/1992													
	Chris Pietrocarlo	4:10.1	12/19/2009													
3000m	Matt Downin	8:47.32	3/12/1995	Matt Downin	8:47.32	3/12/1995	Craig MacPherson	8:51.15	2/4/2006	Matt Downin	8:57.4	2/6/1993	John Fesh	9:27.3	1/22/1994	
	Craig MacPherson	8:51.15	2/4/2006	Anthony Anzivino	8:55.7	1/22/2012	John Stanley	8:55.7	2/6/1993	John Stanley	9:18.0	1992	Mark Blanchard	9:29.0	2/1/1992	
	Anthony Anzivino	8:55.7	1/22/2012	John Stanley	8:58.3	1/15/1994	Chris Pietrocarlo	9:06.4	1/25/2009	Josh Chakarian	9:20.80	2/12/2000	Tim O'Brien	9:37.2	1986	
	John Stanley	8:55.7	1/15/1994													
	Grant Langevin	9:00.15	2/5/2012													

	Overall			Senior			Junior			Sophomore			Freshman		
LJ	Brandon Tsetsilas	22'-0.75"	2/11/1989	Brandon Tsetsilas	22'-0.75"	2/11/1989	Fareed Rice	20'-11.25"	2/5/1994	Matt Jordan	20'-3.25"	1992	Eric Guinto	18'-11.5"	12/16/2006
	Brian Scott	21'-5.00"	2/3/2001	Brian Scott	21'-5.00"	2/3/2001	Matt Jordan	20'-5.00"	1993	Eric Guinto	20'-0.50"	1/20/2008	Dana Trahan	18'-6.00"	1994
	Brandon Bennett	21'-1.25"	2/15/2003	Brandon Bennett	21'-1.25"	2/15/2003	Cody Kretschmer	20'-4.00"	2/10/2001	Cody Kretschmer	19'-3.75"	1/15/2000	Ryan McMullen	17'-9.75"	1/12/2007
	Matt Jordan	21'-0.25"	1/21/1994				Jim Fitzgibbons	20'-4.00"	1980						
	Jim Fitzgibbons	20'-11.50"	12/20/1980												
HJ	Mark Franklin	6'-3.00"	3/2/2013	Mark Franklin	6'-3.00"	3/2/2013	Cody Kretschmer	6'-2.00"	12/16/2000	Cody Kretschmer	6'-2.00"	2/12/2000	Pat Kenny	5'-6.00"	1/18/2002
	Trevor Bland	6'-2.00"	12/20/2005	Trevor Bland	6'-2.00"	12/30/2005	Aaron Smith	6'-2.00"	2/6/1993	Andy Cignoni	5'-10.00"	1990	Shawn Thrasher	5'-6.00"	1992
	Pat Kenney	6'-2.00"	2005	Pat Kenney	6'-2.00"	2005	Andy Cignoni	6'-2.00"	1991	Pat Kenny	5'-8.00"	2/1/2003	John Fesh	5'-4.00"	12/15/1993
	Cody Kretschmer	6'-2.00"	2/12/2000	Cody Kretschmer	6'-2.00"	2/8/2002							Andy Cignoni	5'-4.00"	1989
	Brandon Gallant	6'-2.00"	1996	Brandon Gallant	6'-2.00"	1996									
	Aaron Smith	6'-2.00"	1/22/1994	Aaron Smith	6'-2.00"	1/22/1994									
	Andy Cignoni	6'-2.00"	1992	Andy Cignoni	6'-2.00"	1992									
	David Ham	6'-2.00"	1979	David Ham	6'-2.00"	1979									
	Peter O'Connell	6'-2.00"	1979	Peter O'Connell	6'-2.00"	1979									
Shotput	Ryan Mihalko	58'-7.25"	1987	Ryan Mihalko	58'-7.25"	1987	Ryan Mihalko	52'-8.00"	1986	Joe Berchtold	44'-7.00"	2004	Brian Deleon	39'-8.50"	1993
	Alec Cobban	50'-7.00"	2/11/1978	Tim Lord	50'-7.00"	2/4/1984	James Saltzman	46'-9.75"	2/5/2000	Steve Pendak	43'-3.50"	1976	John Davis	37'-3.75"	1/2/2011
	Steve Pendak	50'-11.00"	2/18/1978	James Saltzman	49'-7.00"	1/26/2001	Kris Beaudoin	46'-8.50"	2/13/1999	Brian Deleon	41'-8.50"	2/5/1994	Stan Olshefski	36'-5.50"	1976
	Tim Lord	50'-7.00"	2/4/1984												
	James Saltzman	49'-7.00"	1/26/2001												
Relay Records (by Year)															
4x160m	Jordan, McGuinness, LaFleur, Rabe	1:14.5	2/6/1993	4x400m		Beaudoin, Hatch, Kearns, Pino		3:30.93		2/5/2006 D-I Record					
	Jordan, McGuinness, Cignoni, Fast	1:15.0	2/7/1992			2008		3:32.35		2/3/2008					
	1995	1:15.2	2/4/1995			2013		3:33.51		1/27/2013					
	2002	1:15.27	2/8/2002			French, Taylor, Davis, Decosta		3:34.8		2/5/2000					
	1999	1:15.39	2/13/1999			2010		3:35.14		1/31/2010					
4x200m	DeCarlo, Cicio, Calderone, Smith	1:33.30	2/6/2012	4x800m		O'Hara, K.MacPherson, Pietrocarlo, Hawkins		8:05.30		1/31/2010					
	Cicio, Poggi, Kwiecien, Toohey	1:33.92	2/3/2013			Poggi, Kwiecien, Chabot, Rees		8:20.3		1/10/2013					
	Guinto, Ciampo, Z. Smith, Howard	1:35.13	2/3/2008			J. Kress, Alizio, Downin, Stanley		8:24.6		1993					
	1999	1:36.29	1/2/1999			2009		8:27.18		2/8/2009					
	2010	1:36.41	2/7/2010			2008		8:27.76		1/12/2008					

Electronic times are to .01 and hand times are to 0.1. To convert, subtract 0.24s from electronic and round up to the tenth to get hand time.

If both hand/elec. listed, athlete ran both in separate races.

Corrections? Additions?

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